

**Lisa Frank, Cello**

Up next in our cello spotlights, Lisa!



**Could you tell me a little bit about yourself?**

I'm founder and President of Camino Life Coaching & Consulting and work with people who say "Someday I want this" or "Someday I'll do that," and decide to act on their "some-days." Through the use of traditional and non-traditional tools, my clients create a life they're excited to wake up to every day.

**What brought or inspired you to pursue cello? If you'd like to share one of your favorite pieces of music as well, I'd like to know!**

In fifth grade, we were required to choose an instrument. My teeth were a mess, so winds and brass were out. I chose violin, but found it high-pitched and shrill so the next year I switched to cello. My decision was also influenced by the fact my big brother played cello.

**What do you enjoy most about being with the Rogue Valley Symphony?**

Most? Not sure how to rank them, but I enjoy that the players are welcoming, care about the music, and get together to play chamber music; Board members genuinely care about the orchestra, and are supportive of new approaches. This was particularly evident when the pandemic began. I admire the creative, playful way Martin and Joelle innovated our programs and their delivery, and found ways to continue to connect to the audience during the pandemic.

**What do you do when you're not playing music i.e. what are your hobbies or interests?**

I love nature and the proximity of the watershed and all its trails, dancing, and attending theater and live music events.

**Finally, one unusual fact, story, or tidbit about you or your instrument?**

I read tarot cards.

